

## **FY 2016 Goals and Objectives**

### **GOAL I**

**Promote community awareness, education and support for a system of integrated services for individuals with a behavioral health disorder.**

**Objective 1.1:** Monitor legislation that affects behavioral health funding and services and maintain a quick response system to share information.

**Action Step 1.1.1:** HCMHA will educate local community, elected officials, providers, consumers and family members on issues related to services and funding.

**Action Step 1.1.2:** HCMHA will provide materials on health and wellness at various Health Fairs and to community organizations upon request.

**Objective 1.2:** Promote a system of integrated care that focuses on improved health and wellness for populations served.

**Action Step 1.2.1:** HCMHA will encourage providers to address treatment issues related to co-occurring substance use and mental health issues.

**Action Step 1.2.2:** HCMHA will review the outcomes in WayStation's Health Home pilot project that co-locates somatic healthcare with outpatient treatment services.

**Action Step 1.2.3:** HCMHA will work with providers to monitor the somatic health status of individuals residing in state funded residential services.

**Action Step 1.2.4:** HCMHA will monitor programs developed by On Our Own of Howard County (OOOHC) at the Wellness and Recovery Center that promote health and wellness.

**Objective 1.3:** Establish a coordinated prevention effort on behavioral health in partnership with the Health Department Bureau of Substance Abuse Services.

**Action Step 1.3.1:** Collaborate with existing community resources to develop and implement a prevention program that is effective across the lifespan.

**Action Step 1.3.2:** Research available funding sources willing to fund prevention efforts.

**Action Step 1.3.3:** Promote prevention strategies through health fairs and publicly recognized events such as a "Recovery Month", Mental Health Awareness Week, Mental Health Month.

**Action Step 1.3.4:** Implement an Opioid Overdose Prevention Plan in partnership with the Health Department Bureau of Substance Abuse Services.

## **GOAL II**

**Services are focused on the Recovery Model and are culturally competent as well as consumer and family driven:**

**Objective 2.1:** HCMHA will promote “Recovery” in all its forms throughout the local system through partnerships.

**Action Step 2.1.1:** HCMHA will operate a Foreign-Born Outreach Project to address the treatment needs of populations in various languages.

**Action Step 2.1.2:** HCMHA will assure that information is available in different languages as needed for dissemination to the community.

**Action Step 2.1.3:** HCMHA will research issues related to sexual identity as it relates to behavioral health services and share this information with the provider community.

**Action Step 2.1.4:** HCMHA will work closely with established cultural communities in its jurisdiction to effectively address behavioral health needs.

## **GOAL III**

**Utilize all available data to analyze trends, improve the quality of services and maintain system accountability.**

**Objective 3.1:** HCMHA staff and Board members will monitor existing data to determine trends in service utilization.

**Action Step 3.1.1:** The Health Care Policy & Planning Committee of the Board will review available data at the end of each quarter.

**Objective 3.2:** HCMHA will request available data from the Alcohol and Drug Abuse Administration (ADAA) regarding co-occurring issues.

**Action Step 3.2.1:** HCMHA will attempt to identify individuals who are receiving services in both the mental health and substance abuse systems using available data resources.

**Objective 3.3:** Identify existing funds to hire data analysis consultant as needed.

**Action Step 3.3.1:** HCMHA will expand available staffing to include a data analysis consultant to routinely assist staff and Board in analyzing data trends.

## **GOAL IV**

**Develop and maintain partnerships across community agencies, the provider community and general public that will promote an efficient delivery of behavioral health services.**

**Objective 4.1:** Maintain existing partnerships and participation on Boards and committees throughout the county.

**Action Step 4.1.1:** HCMHA will maintain accurate list of Boards and committees on which staff participate.

**Action Step 4.1.2:** HCMHA will maintain minutes from 4.1.1. above in a binder that is accessible to all staff and Board members.

**Objective 4.2:** Develop new partnerships as needed to address mental health/behavioral health issues.

**Action Step 4.2.1:** Review available grant funding opportunities that may result in new partnerships to address mental health/behavioral health issues.

**Action Step 4.2.2:** HCMHA staff will participate on any new committees or task forces developed locally.

## **GOAL V**

**Collaborate with the local Health Department and county government to integrate both the administrative functions and services of a local Behavioral Health entity.**

**Objective 5.1:** Continue regular meetings with leadership of the Health Department to address the integration of the administrative functions of a local behavioral health entity.

**Action Step 5.1.1:** HCMHA will attend the Alcohol and Drug Abuse Advisory Board (ADAAB) and the Health Department's Bureau of Behavioral Health will attend HCMHA's Board meeting.

**Objective 5.2:** HCMHA will continue to coordinate with the Health Department Bureau of Behavioral Health to jointly fund a Wellness and Recovery Center operated by On Our Own of Howard County.

**Action Step 5.2.1:** HCMHA will meet regularly with Health Department's Bureau of Behavioral Health staff and On Our Own of Howard County to assure Conditions of Award for both grants are being met.