

FY 2017 Goals and Objectives

GOAL I

Promote community awareness, education and support for a system of integrated services for individuals with a behavioral health disorder.

Objective 1.1: Monitor legislation that affects behavioral health funding and services and maintain a quick response system to share information.

Action Step 1.1.1: HCMHA will educate local community, elected officials, providers, consumers and family members on issues related to services and funding.

Indicators: *List to whom legislation tracking grid is sent/ frequency*
List of meetings/ dates with local and state officials

Objective 1.2: Provide

Action Step 1.2.1: HCMHA will provide materials on health and wellness at various Health Fairs and to community organizations upon request.

Indicators: *Number of Health Fairs staffed*
Number of Directories printed and disseminated
Number of Spanish Language directories disseminated

Action Step 1.2.2: HCMHA will provide Mental Health First Aide training to various groups throughout the community.

Indicators: *Number of MHFA trainings held/ number of individuals who receive MHFA training.*
Number of individuals who are trained as trainers in Howard County
Number of additional specialty trainings (e.g. Public safety, Older Adults) completed by existing MHFA trainers.

Objective 1.3: Promote a system of integrated care that focuses on improved health and wellness for populations served.

Action Step 1.3.1: HCMHA will include local addiction providers into quarterly Provider Meetings, co-chaired by the CSA and the LAA, to address treatment and system issues related to substance use and mental health issues.

Indicators: *Provide information via emails and quarterly meetings throughout the fiscal year to both mental health and substance use providers.*
Develop questionnaire for all providers to identify their staff's training needs.

Action Step 1.3.2: HCMHA will monitor programs developed by On Our Own of Howard County (OOOHC) at the Wellness and Recovery Center that promote health and wellness for individuals with behavioral health issues.

Indicators: *Provide on-going consultation to the OOOHC Wellness and Recovery Center by the CSA and LAA at least quarterly regarding integrating the two populations served.*

Action Step 1.2.3: HCMHA will work with existing outpatient mental health providers to assure they employ adequately trained staff to address the substance use disorders among the publicly funded populations.

Indicators: *Number of meetings held with providers to review and discuss issues related to treating individuals with co-occurring mental health and substance use disorders.*
Number of trainings provided or sponsored to address substance use disorder treatment issues.

Objective 1.3: Establish a coordinated prevention effort on behavioral health in partnership with the Health Department Bureau of Substance Abuse Services.

Action Step 1.3.1: Collaborate with existing community resources to develop and implement a prevention program that is effective across the lifespan.

Indicators: *Develop a prevention/emotional wellness campaign.*

Action Step 1.3.2: Develop a Suicide Fatality Review Team in the county to identify possible suicide prevention strategies.

Indicators: *Track number of completed suicides/ methods.*
Research and design legislation at both county and possibly state level to mandate establishment of suicide fatality review teams in partnership with HCPD and Grassroots.

Action Step 1.3.3: Promote prevention strategies through health fairs and publicly recognized events such a “Recovery Month”, Mental Health Awareness Week, Mental Health Month.

Indicators: *Number of events supported throughout the year.*
PR campaign in May to focus on behavioral health

Action Step 1.3.4: Participate in the Opioid Fatality Review Committee as part of the Alcohol and Drug Abuse Advisory Board.

Indicators: *Number of ADAAB meetings attended.*

GOAL II

Services are focused on the Recovery Model and are culturally competent as well as consumer and family driven:

Objective 2.1: HCMHA will promote “Recovery” in all its forms throughout the local system through partnerships.

Action Step 2.1.1: HCMHA will operate a Foreign-Born Outreach Project to address the treatment needs of populations in various languages.

Indicators: *Number of outpatient treatments provided
Number of providers with whom HCMHA has a MOU
Number of languages covered by this grant
Number of language interpretations provided*

Action Step 2.1.2: HCMHA will assure that information is available in different languages as needed for dissemination to the community.

Indicators: *Number of Spanish language directories printed and disseminated.*

Action Step 2.1.3: HCMHA will work closely with established cultural communities in its jurisdiction to effectively address behavioral health needs.

Indicators: *Number of meetings/ Health fairs held with various cultural communities in the county such as Korean, Spanish speaking.*

GOAL III

Utilize all available data to analyze trends, improve the quality of services and maintain system accountability.

Objective 3.1: HCMHA staff and Board members will monitor existing data to determine trends in service utilization.

Action Step 3.1.1: The Health Care Policy & Planning Committee of the Board will review available data at the end of each quarter.

Indicators: *HCMHA staff will provide data from the OMS system and the ASO system quarterly for committee’s review.*

Indicators: *HCMHA will use existing data to identify children and youth who use in-patient services and link to Care Coordination services when appropriate.*

Indicators: *HCMHA will review adult high- cost users of in-patient and emergency department services and direct to appropriate community services.*

GOAL IV

Develop and maintain partnerships across community agencies, the provider community and general public that will promote an efficient delivery of behavioral health services.

Objective 4.1: Maintain existing partnerships and participation on Boards and committees throughout the county.

Action Step 4.1.1: HCMHA will maintain accurate list of Boards and committees on which staff participate.

Indicators: *List of minutes from committees/boards on which HCMHA staff participate.*

Action Step 4.1.2: HCMHA will review and update existing MOUs with various county agencies as needed.

Indicators: *List of agencies with whom HCMHA has a MOU.*

Objective 4.2: Continue to work with the criminal justice community to address the needs of individuals with mental health issues within the criminal justice system.

Action Step 4.2.1: Maintain MOU with the Howard County Department of Corrections to staff a fulltime mental health position under the Maryland Community Criminal Justice Treatment program (MCCJTP).

Indicators: *Review quarterly reports and submit to BHA staff by due date.*

Action Step 4.2.2: Provide full time mental health staff within the Howard County Police Department (HCPD) to function as the Mental Health Liaison as part of the Community Services Division of the HCPD and as the CIT Coordinator.

Indicators: *Number of CIT classes held and number of additional mental health trainings offered to HCPD staff.*

Action Step 4.2.3: Continue to Co-Chair the local Criminal Justice Partnership Committee quarterly.

Indicators: *Agenda, minutes and sign-in sheets from the quarterly CJPC meetings.*

Continue to pursue funding for a mental health position within the court system to link individuals with a psychiatric disability to needed community resources.

Objective 4.3: Continue the development of a crisis services continuum throughout the county.

Action Step 4.3.1: Continue funding a Mobile Crisis Team (MCT) in partnership with Grassroots and the HCPD.

Indicators: *Regularly review data regarding MCT to determine if staffing and hours are addressing the community's needs.
Meet twice annually with Grassroots and HCPD to review MCT data and any concerns raised by partners.*

Action Step 4.3.2: Maintain existing Crisis Beds.

Indicators: *Review data quarterly generated by Horizon grant and ASO.
Seek expansion of beds from state BHA if data indicates more beds are needed to address the community's needs.
Use data generated by Horizon grant to educate private insurance providers of the need to fund this service.*

Action Step 4.3.3: Continue the development of the ED Follow-up program.

Indicators: **Review data quarterly regarding utilization of program and outcomes.**
Establish regular meetings with HCGH, Grassroots and HCMHA to review program utilization and outcomes.

Action Step 4.3.4: Continue to advocate for funding to maintain and expand Rapid Access program (RAP) that provides urgent psychiatric care with 24 to 48 hours.

Indicators: *Review data regarding population utilizing this program in quarterly meetings with partners.
Research MA population through data system to see who this population is and if any other publicly funded services are needed .
Use data generated by grant to educate insurance providers about their insured who are accessing this service in crisis due to lack of available providers.*

GOAL V

Collaborate with the local Health Department and county government to integrate both the administrative functions and services of a local Behavioral Health entity.

Objective 5.1: Continue regular meetings with leadership of the Health Department to address the integration of the administrative functions of a local behavioral health entity.

Action Step 5.1.1: Reconvene local Behavioral Health Integration Committee

Indicators: *Agenda and Minutes from meetings*

Action Step 5.1.2: HCMHA will attend the Alcohol and Drug Abuse Advisory Board (ADAAB) and the Health Department's Bureau of Behavioral Health will attend HCMHA's Board meeting.

Indicators: *Number of meetings attended throughout the fiscal year.*

Objective 5.2: HCMHA will continue to coordinate with the Health Department Bureau of Behavioral Health to jointly fund a Wellness and Recovery Center operated by On Our Own of Howard County.

Action Step 5.2.1: HCMHA will meet regularly with Health Department's Bureau of Behavioral Health staff and On Our Own of Howard County to assure Conditions of Award for both grants are being met.

Indicators: *Quarterly meetings with OOOHC to assure the Conditions of Award of both the CSA's and LAA's grants are being met.*